

The 5 Sunglasses Trends Taking Over This Summer, From Tiny 90s Frames To Oversized 70s Shades

Inspired by CBK and Maddy Perez

By Madison Rexroat Published: 11 May 2026



Summer weather is finally here – and with it, the need for some amazing sunglasses. A cherry on top of any outfit, sunnies are both a style statement and practical protection. But what will your shades say about you?

From the spring runways to red carpets, eyewear is focused on extremes this season. We've seen tiny silhouettes take over, from Margot Robbie's *Wuthering*

Heights press tour looks to Carolyn Bessette Kennedy's famous frames in *Love Story*. At the other end of the size scale? Oversized to the max.

Whether you prefer decorative or minimal, chic or sporty, classic or edgy, we have you – or your eyes, rather – covered. Shop the five trends to know when reaching for your outfit's final touch with our favourite sunny-day styles below.

1/ Curved Flat Top



Paolo Lanzi
Fendi

As an accessories editor who's been an exclusive wearer of flat-top sunglasses, this is definitely my moment. Flat-top sunglasses are edgy but not too avant-garde, and with a curved silhouette in thick acetate, like the styles below, the wearer can feel chic and feminine, too. This is a main character style, for sure, and that main character has an excellent eye.



TOM FORD Bronson aviator-style sunglasses

£350 AT HARVEY NICHOLS



Loewe Slim Tortoiseshell Acetate Aviator-style Sunglasses

£330 AT NET-A-PORTER

2/ Casual Sporty



Launchmetrics.com/spotlight

From the Winter Olympics and Formula 1 to the upcoming FIFA World Cup, there's been a heavy sports influence on fashion in recent seasons. Naturally, the hottest sunglasses to wear also sport a performance-driven aesthetic. Bright colours, sports-friendly silhouettes, and performance-minded details are what to look for in this trend, even if you plan to wear them to a summer concert or outdoor brunch.



Ray-Ban Xan Bio-Based

£149 AT RAY-BAN



Oakley Highland Jaylen Brown
Signature Series

£167 AT OAKLEY

3/ '90s Silhouette



Armando Grillo

The resurgence of Carolyn Bessette Kennedy's style took the world by storm this year, with one of the more notable staples being sleek '90s-era sunnies. Think the oval silhouette, black acetate, and dark lenses.



Gentle Monster Cinnamon 01
Sunglasses

£205 AT FARFETCH



Miu Miu Oval-Frame Acetate
Sunglasses

£340 AT NET-A-PORTER

4/ Metal Frames



Launchmetrics.com/spotlight
Saint Laurent

Another '90s-era trend arises with metal frames. This particular style leans more corporate, more '80s and '90s office culture, but is still very minimal and clean. Metal frames in brushed gold or silver titanium tend to be the most flattering for different skin tones, while smaller-size frames work for any face shape.



Bottega Veneta Sardine Oval-Frame Gold-Tone Sunglasses

£425 AT NET-A-PORTER



Miu Miu Oval-Frame Metal Sunglasses

£380 AT SELFRIDGES

5/ Oversized '70s Boldness



Courtesy of Celine
Celine

Straying from the minimalism of the '90s styles, we're also seeing bold '70s shapes and colours – namely, reds and browns in oversized silhouettes. Remember Maddy Perez's stunning poolside style from the premiere of *Euphoria* season three? True to her trendsetting form, that glam aesthetic is about to be everywhere.



Chloé Aly Square-Frame
Acetate And Gold-Tone
Sunglasses

£365 AT NET-A-PORTER

OVERSIZED ROUND-FRAME SUNGLASSES



LOEWE Oversized Round-
Frame Sunglasses

£260 AT HARVEY NICHOLS