

House passes bill to make daylight saving time permanent

by Sudiksha Kochi - 07/14/26 5:25 PM ET

The House on Tuesday passed with broad bipartisan support legislation that would make daylight saving time permanent nationwide.

The lower chamber voted 308-117 for the Sunshine Protection Act of 2025, which would make daylight saving time the permanent standard time. Twenty-two Republicans and 95 Democrats voted against the measure.

The legislation now heads to the Senate.

President Trump has backed the legislation, arguing in a Truth Social post that the bill “is so important in that Hundreds of Millions of Dollars are spent every year by people, Cities, and States, being forced to change their Clocks.”

“I am going to work very hard to see The Sunshine Protection Act signed into Law. It’s time that people can stop worrying about the ‘Clock,’ not to mention all of the work and money that is spent on this ridiculous, twice yearly production. It will also be a very nice WIN for the Republican Party. Take it!” Trump added.

The House measure was introduced by Rep. Vern Buchanan (R-Fla.) and has long been popular in Florida, where supporters say the extended evening daylight could boost tourism and outdoor recreation.

“Floridians and Americans across the country are tired of the biannual time change, and the evidence is clear that permanent daylight saving time can improve public health, reduce traffic accidents, lower crime and encourage more outdoor activity. Ending the clock change is a commonsense reform that will improve everyday life for millions of Americans,” Buchanan previously said in a statement.

Rep. Frank Pallone (N.J.), the top Democrat on the Energy and Commerce Committee, has also backed the bill.

The Senate unanimously approved a similar measure in 2022, which stalled in the House, but it could face some opposition in the upper chamber this time around. Sen. Tom Cotton (R-Ark.) has warned it would “push winter sunrises to an absurdly late hour” and that “kids would either walk to school in the pitch black or schools would have to push back start times.”