



Wealth
Management

the Navigator

INVESTMENT, TAX AND LIFESTYLE PERSPECTIVES FROM RBC FAMILY OFFICE SERVICES

Aaron Fennell, MBA, CFA
Portfolio Manager & Investment
Advisor
Tel: 416-313-6397
aaron.fennell@rbc.com

RBC Dominion Securities
181 Bay Street, Suite 2350
Toronto, ON M5J 2T3
www.aaronwfennell.com

Henson Trusts

Planning for persons with disabilities

This article considers the use of a Henson Trust as an estate planning tool to provide for the ongoing care and financial support of a person with a disability.

The Henson Trust

When planning to provide financially for a person with an ongoing physical or mental disability, whether during your lifetime or after your death, care must be taken to ensure the person's entitlement to provincial and territorial disability related income support and other benefits are not inadvertently jeopardized. Generally, provincial or territorial disability related income support programs and benefits are income- or asset-tested, meaning that individuals can't own certain assets or earn or receive income in excess of specified amounts. If these income and asset thresholds are exceeded, the person may be disqualified or ineligible to receive income support and other benefits until the excess assets are depleted.

One common tool often employed to preserve a beneficiary's entitlement to government income support and benefits is a Henson Trust. A Henson Trust is a trust that provides the trustees with the absolute discretion to distribute income and capital from the trust to the beneficiary as

they see fit. The trustees have full control as to when, if and how much income or capital is to be paid to the beneficiary. The beneficiary of a Henson Trust has no vested interest in the income or capital of the trust. This means they can't claim or demand payments from the trust and, consequently, they aren't considered to own the trust assets.

Henson Trusts are subject to provincial and territorial regulations and are generally available to be used as a strategy in most provinces and territories. It's imperative that you consult with a qualified legal advisor to determine whether a Henson Trust is recognized in the beneficiary's province of residence before utilizing this tool.

History of the Henson Trust

The concept of the Henson Trust arose out of the 1987 Ontario court case *Ontario (Ministry of Community and Social Services, Income Maintenance Branch) and Henson*.¹ Leonard Henson

¹ [1989] O.J. No. 2093 (Ont. C.A.) (1987), 28 ETR 121 (Ont Div Ct), affirmed 36 ETR 192 (Ont CA).



established a discretionary trust in his Will for his disabled daughter, Audrey. The Will provided that the trustees had an absolute and unfettered discretion to pay income or capital from the trust for Audrey's benefit. It also stated that Audrey didn't have a vested interest in the trust assets except to the extent that payments were made to her or for her benefit. The objective was to allow Audrey to benefit from her father's estate while preserving her entitlement to government assistance.

After Leonard Henson died, Audrey's provincial government benefits were terminated, as she was found to have inherited her father's estate and to be in excess of the allowable amount of assets. This decision was challenged in the courts. The courts determined that such a trust didn't disentitle Audrey from receiving government benefits. Since the trustees had an absolute discretion over the trust property, Audrey was found not to have a beneficial interest in the trust assets. As such, her interest in the trust wouldn't be considered a liquid asset which would otherwise reduce or eliminate her entitlement to government benefits.

Establishing a Henson Trust

A Henson Trust can be set up as an inter vivos trust (established during your lifetime) or as a testamentary trust (established on death under the terms of your Will). A Henson Trust can't be settled by the disabled beneficiary.

There is no limit on the amount of assets that can be settled into or contributed to a Henson Trust. There may, however, be limits with regards to the distributions that can be made from a Henson Trust to the disabled beneficiary without affecting the beneficiary's eligibility for income support and benefits. The usefulness of a Henson Trust may therefore be limited by provincial and territorial regulations which restrict the distributions that a beneficiary can receive from a Henson Trust without impacting the beneficiary's income support. This is something that should be considered when contemplating this estate planning tool.

Tax treatment of a Henson Trust

As with any other trust, a Henson Trust is a separate taxpayer. The trustee may be required to file an annual income tax return for the trust. In general, income and capital gains earned in either an inter vivos or testamentary Henson Trust and taxed in the trust will be taxed at the highest combined federal and provincial marginal tax rate in the trust's province or territory of residence. Income and capital gains earned in the trust and paid or made payable to a beneficiary will generally be taxed in the beneficiary's hands at their marginal tax rate.

There is no limit on the amount of assets that can be settled into or contributed to a Henson Trust. There may, however, be limits with regards to the distributions that can be made from a Henson Trust to the disabled beneficiary without affecting the beneficiary's eligibility for income support and benefits.

There are two exceptions to the tax treatment mentioned above.

Qualified Disability Trust (QDT)

If a Henson Trust qualifies as a QDT, the income and capital gains earned and taxed in the trust may be taxed at graduated tax rates. A QDT is a testamentary trust that jointly elects, together with one or more beneficiaries under the trust, in its tax return for the year to be a QDT. To be a QDT for the trust's tax year, the following conditions must be met:

- The electing beneficiary must be eligible for the Disability Tax Credit (DTC);
- The electing beneficiary must be an individual named as a beneficiary (e.g. John Doe) in the instrument that created the trust. For example, if the deceased set up the trust for "my issue," then the beneficiary can't elect to have the trust treated as a QDT;
- The election must include the electing beneficiary's Social Insurance Number;
- The electing beneficiary must not make a QDT election in respect of any other trust that year;
- The trust must be factually resident in Canada (i.e. not a non-resident trust that's deemed to be resident in Canada);
- The trust must be resident in Canada throughout the year (and not just at the end of the year);
- The requirement to pay a recovery tax can't apply to the trust for the year (a detailed discussion on the recovery tax is beyond the scope of this article but is briefly mentioned later).

An electing beneficiary is an individual beneficiary under the trust who qualifies for the federal DTC and who has jointly elected with the trust for the trust to be a QDT for the year. This means that a testamentary trust can be a QDT in one year but not in another year. It's an annual election that gives the testamentary trust its status as a QDT.

Recovery tax, that was mentioned previously, is generally a claw-back of tax savings enjoyed by a QDT for income and capital gains taxed at graduated rates in a previous year. Income and capital gains that were taxed and retained in the trust become capital of the trust. However, where that capital is or will subsequently be distributed to a non-electing beneficiary, recovery tax may need to be paid.

A QDT will have to pay a recovery of tax if:

- None of the beneficiaries at the end of the year are an electing beneficiary for a preceding year;
- The trust ceased to be resident in Canada; or
- A capital distribution is made to a non-electing beneficiary.

Essentially, a QDT will be required to pay a “recovery tax” when it distributes income or capital gains that have been taxed at graduated rates to any beneficiary other than the eligible beneficiary. A QDT will therefore only defer tax at the top rate for all income and capital gains which haven’t been paid to or used for the benefit of the eligible beneficiary.

Note that in order to qualify as a QDT, the beneficiary must qualify for the DTC. Not every person who receives provincial or territorial disability related income support may be eligible for the DTC. If a Henson Trust is set up in a Will for a disabled beneficiary who is not eligible for the DTC, an election can’t be made to treat the trust as a QDT, and income and capital gains earned and taxed in the trust would be taxed at the top marginal tax rate.

Also, there can only be one QDT per beneficiary. This may be an issue where there are multiple persons who have chosen to create a testamentary trust in their Will for the benefit of the same disabled beneficiary. In such a case, as part of your estate planning process, you may need to consider which trust will be designated as a QDT.

Preferred beneficiary election

The second exception to flat top-rate taxation of income and capital gains earned and taxed in an inter vivos or testamentary Henson Trust is where the preferred beneficiary election is available and utilized. Under the Income Tax Act, a trust and a “preferred beneficiary” (or the individual or organization legally authorized to make decisions on the preferred beneficiary’s behalf) can file a joint election to have some or all income and capital gains earned and retained in the trust taxed in the beneficiary’s tax return at the beneficiary’s marginal tax rate. In such a case, the income continues to accumulate in the trust but is taxed as if it has been distributed to the beneficiary.

Note that in order to qualify as a QDT, the beneficiary must qualify for the DTC. Not every person who receives provincial or territorial disability related income support may be eligible for the DTC.

To qualify as a preferred beneficiary, certain conditions must be met, including:

- The beneficiary must be a resident of Canada;
- The beneficiary must be entitled to claim the DTC by reason of a mental or physical impairment, or must be an adult who was dependent on another individual because of mental or physical infirmity and whose income doesn’t exceed the basic personal exemption for that year (determined before allocations under the preferred beneficiary election);
- The beneficiary must be the person who established the trust (the “settlor”) or must be the settlor’s current or former spouse or common-law partner, child, stepchild, grandchild, step-grandchild, great-grandchild or step-great-grandchild. The relationship between the beneficiary and the settlor of the trust is critical to the preferred beneficiary election. Care must be taken to ensure that the settlor’s status remains intact after the creation of the trust. An issue may arise if someone other than the settlor contributes additional property to the trust. This may cause the settlor to lose their status, with the result that the beneficiary could cease to be considered a preferred beneficiary of the trust.

As mentioned, income and capital gains earned and taxed in an inter vivos or testamentary trust is generally taxed at the highest combined federal and provincial tax rate. With the preferred beneficiary election, the income and capital gains can be retained in the trust but taxed on the beneficiary’s return, taking advantage of their potentially lower tax rates. The beneficiary’s eligibility for income support programs may be preserved at a lower tax cost. The preferred beneficiary election may also be useful where a testamentary Henson Trust qualifies as a QDT. In such a case, the income and capital gains can be split between the QDT and the disabled beneficiary in such a way as to double the amount of income and capital gains that can be taxed at a low federal and provincial tax rate.

It’s important to consider how the preferred beneficiary election may impact the beneficiary’s eligibility for income support and benefits. For example, the beneficiary will be required to pay tax on the income that’s allocated to them and may need additional funds from the trust to pay these taxes. This may result in the beneficiary’s disinterestment to provincial and territorial benefits. The trustee of the

Henson Trust should exercise caution when implementing this tax planning strategy.

Can a Henson Trust also qualify as a Lifetime Benefit Trust (LBT)?

An LBT is a personal trust under which a mentally infirm spouse of the deceased or a child or grandchild of the deceased who was financially dependent on the deceased because of mental impairment is the only person entitled to receive or use any of the income or capital of the trust during their lifetime. The trustees of an LBT must have the discretion to distribute amounts to the beneficiary and are required to consider the needs of the beneficiary in determining whether to pay amounts to the beneficiary.

If your registered retirement savings plan (RRSP) or registered retirement income fund (RRIF) proceeds are paid to an LBT set up under your Will on death, it may be possible to defer the tax on the RRSP or RRIF proceeds. The default tax treatment with respect to your RRSP or RRIF on death is that the fair market value (FMV) of the RRSP or RRIF on the date of death must be included as income on your final tax return and taxed at your marginal tax rate. To defer the tax on the RRSP or RRIF proceeds, the proceeds must pass to a properly structured LBT and used to purchase a “qualifying trust annuity” (QTA). The LBT must be named as the annuitant of the QTA. The QTA must be for the life of the beneficiary or for a fixed term equal to 90 years minus the age of the beneficiary. The annuity payments will be paid into the trust; however, they’re deemed to be received by the beneficiary. This means the annuity payments are taxable to the beneficiary at their marginal tax rate even if the annuity income is not paid or made payable to them by the trustee. The FMV of the annuity at the time of the beneficiary’s death will be taxable to the beneficiary upon their death. Any assets remaining in the LBT after the beneficiary’s death may be made available to other beneficiaries named in the LBT.

You may wish to discuss whether a standard Henson Trust would qualify as an LBT with a qualified tax and legal advisor. In some jurisdictions, such as Ontario, there may be a problem with structuring a Henson Trust as an LBT, because the accumulation of income inside a trust is limited to a certain period of time defined under statute (i.e. 21 years). After the accumulation period has expired, all of the trust’s annual net income must be paid out to the beneficiary and can’t be added to the capital of the trust. If the beneficiary is receiving disability related income support, there’s generally a limit on how much income they can receive from a trust and other voluntary payments in a 12-month period without affecting their eligibility for provincial assistance. If the trust’s income for the year exceeds this threshold and the disabled

If your registered retirement savings plan (RRSP) or registered retirement income fund (RRIF) proceeds are paid to an LBT set up under your Will on death, it may be possible to defer the tax on the RRSP or RRIF proceeds.

person is the only beneficiary of the trust, their disability related benefits may be impacted. Because of this, a Henson Trust is usually structured to include additional income beneficiaries who will receive the income after the expiration of the accumulations period. This isn’t allowed in the case of an LBT, as only the disabled person can be the beneficiary of an LBT.

Is a Henson Trust appropriate?

A Henson Trust may be a useful option for providing financial security for a disabled person, but it’s only appropriate in limited circumstances. For instance, if the disabled person has significant assets and doesn’t qualify for provincial or territorial income support programs or benefits, then establishing a Henson Trust may not be necessary. If, however, these assets may eventually be depleted by the costs of living and the disabled person will be reliant on government assistance in the future, it may be appropriate to provide financial assistance to that person through a Henson Trust.

A Henson Trust may also be inappropriate where the actual value of the inheritance far exceeds the amount that the beneficiary would receive in government benefits over a lifetime. The assets used to fund a Henson Trust may afford a higher standard of living than that provided by government benefits. If this is the case, you may want to consider an alternative arrangement. You should, however, be aware that some government benefits, aside from income assistance, are only available to individuals who qualify for government support. For example, in Ontario, individuals who are eligible for the Ontario Disability Support Program (ODSP) may be eligible for a range of other benefits and supports aside from income support. These include health benefits covering prescription drugs and dental care and assistance with expenses relating to the individual’s disability, for example, hearing aids and guide dogs. Assistance is also available for a range of other costs including expenses to help an ODSP recipient remain in his or her home, repair the home or move to a new home. The benefits of some of these services can be significant and the impact of potentially losing entitlement to such assistance should be taken into consideration when evaluating the merits of setting up a Henson Trust.

As well, if the beneficiary desires or is capable of exercising more control of the assets held in trust, a Henson Trust may not be a good option, as the beneficiary won't have control of the trust assets.

In addition to the considerations discussed, the following are some of the advantages and disadvantages of a Henson Trust you should consider when determining whether setting up such a trust is appropriate.

Advantages of a Henson Trust

A Henson Trust may provide potential advantages:

- Funds from a discretionary trust can often be used to improve the quality of life for a person with a disability. For example, funds can be used to pay for expenses, such as homecare attendants, while safeguarding ongoing eligibility for government support and access to government programming.
- A Henson Trust can help provide financial security for a person with a disability, even if the settlor who established the trust subsequently loses mental capacity. The trust will continue to exist and operate, subject to its terms, even on the death or incapacity of the settlor.
- By placing assets into a discretionary trust during the settlor's lifetime, the assets won't be included in the settlor's estate on death and therefore, not be subject to probate taxes.
- In certain circumstances, a Henson Trust can result in an overall tax savings. For example, it may be possible to have income earned and retained in the trust taxed at the marginal tax rate of the disabled beneficiary rather than at the highest marginal tax rate as would be the case if income was taxed in the trust.

Disadvantages of a Henson Trust

A Henson Trust may present some potential challenges:

- The disabled beneficiary has no guarantee of or control over the funds in the Henson Trust.
- Careful drafting of the trust deed or Will is important, as an improperly drafted trust may inadvertently disqualify a disabled beneficiary from entitlement to government disability benefits. Be sure to choose a qualified lawyer familiar with Henson Trusts.
- There may be costs involved in administering a Henson Trust, including fees for preparing annual tax returns, accounts or records and trustee compensation.
- The trustee will have additional duties including needing to understand the laws and regulations governing Henson Trusts and provincial or territorial disability support programs in the applicable jurisdiction.

In certain circumstances, a Henson Trust can result in an overall tax savings. For example, it may be possible to have income earned and retained in the trust taxed at the marginal tax rate of the disabled beneficiary rather than at the highest marginal tax rate as would be the case if income was taxed in the trust.

Appointing a corporate trustee

The role of a trustee involves several key legal obligations and fiduciary duties, as well as significant managerial and administrative responsibilities. Trustees are faced with many complexities and obligations and may feel burdened by the tasks of administering a trust, or simply lack the time or expertise to undertake the role. It can be difficult to find a trustee who is able and willing to manage the trust property for the benefit of the person with a disability throughout their life. It's important to choose the right trustee(s), as they will have complete control and absolute discretion over the trust's assets. Family members are often a logical choice but they frequently have a potential conflict of interest due to the likelihood that they may also be beneficiaries of the trust, either during the lifetime or on the death of the beneficiary with a disability. You may, therefore, wish to consider appointing a corporate trustee.

A trust company, like RBC Royal Trust, can help by acting as the trustee, co-trustee or as an agent for the named trustee, to manage the trust assets. Some of the advantages of a corporate trustee include neutrality, availability, expertise and continuity for long-standing trusts. Appointing a corporate trustee can help ensure the administration of the trust is done in accordance with the relevant laws. It can relieve your family members or friends of the burden of administering the trust assets and mitigate any potential conflict among the trustees or with beneficiaries. A corporate trustee would be appointed according to a fee schedule determined while the settlor or testator is alive, similar to compensation that may be payable to family members, friends or other trusted professionals acting as trustee. If you have questions about who to appoint as a trustee or the typical responsibilities of a trustee, or to find out more about the services provided by RBC Royal Trust, please speak to your RBC advisor.

Conclusion

A Henson Trust can be an effective estate planning tool when planning for a beneficiary with a disability who benefits from provincial and territorial income support and benefits. It's imperative that you consult with a

qualified legal advisor who is familiar with estate planning strategies for persons with disabilities to determine whether a Henson Trust is recognized in the proposed beneficiary's province or territory of residence and whether it's appropriate to set up a Henson Trust or use other estate planning tools.

This article may contain strategies, not all of which will apply to your particular financial circumstances. The information in this article is not intended to provide legal, tax or insurance advice. To ensure that your own circumstances have been properly considered and that action is taken based on the latest information available, you should obtain professional advice from a qualified tax, legal and/or insurance advisor before acting on any



This document has been prepared for use by the RBC Wealth Management member companies, RBC Dominion Securities Inc. (RBC DS)*, RBC Phillips, Hager & North Investment Counsel Inc. (RBC PH&N IC), RBC Wealth Management Financial Services Inc. (RBC WMFS), Royal Trust Corporation of Canada and The Royal Trust Company (collectively, the "Companies") and their affiliates, RBC Direct Investing Inc. (RBC DI)* and Royal Mutual Funds Inc. (RMFI). *Member – Canadian Investor Protection Fund. Each of the Companies, their affiliates and the Royal Bank of Canada are separate corporate entities which are affiliated. "RBC advisor" refers to Private Bankers who are employees of Royal Bank of Canada and mutual fund representatives of RMFI, Investment Counsellors who are employees of RBC PH&N IC, Senior Trust Advisors and Trust Officers who are employees of The Royal Trust Company or Royal Trust Corporation of Canada, or Investment Advisors who are employees of RBC DS. In Quebec, financial planning services are provided by RMFI or RBC WMFS and each is licensed as a financial services firm in that province. In the rest of Canada, financial planning services are available through RMFI or RBC DS. Estate and trust services are provided by Royal Trust Corporation of Canada and The Royal Trust Company. If specific products or services are not offered by one of the Companies, RBC DI or RMFI, clients may request a referral to another RBC partner. Insurance products are offered through RBC Wealth Management Financial Services Inc., a subsidiary of RBC Dominion Securities Inc. When providing life insurance products in all provinces except Quebec, Investment Advisors are acting as Insurance Representatives of RBC Wealth Management Financial Services Inc. In Quebec, Investment Advisors are acting as Financial Security Advisors of RBC Wealth Management Financial Services Inc. RBC Wealth Management Financial Services Inc. is licensed as a financial services firm in the province of Quebec. The strategies, advice and technical content in this publication are provided for the general guidance and benefit of our clients, based on information believed to be accurate and complete, but we cannot guarantee its accuracy or completeness. This publication is not intended as nor does it constitute tax or legal advice. Readers should consult a qualified legal, tax or other professional advisor when planning to implement a strategy. This will ensure that their individual circumstances have been considered properly and that action is taken on the latest available information. Interest rates, market conditions, tax rules, and other investment factors are subject to change. This information is not investment advice and should only be used in conjunction with a discussion with your RBC advisor. None of the Companies, RMFI, RBC WMFS, RBC DI, Royal Bank of Canada or any of its affiliates or any other person accepts any liability whatsoever for any direct or consequential loss arising from any use of this report or the information contained herein. In certain branch locations, one or more of the Companies may carry on business from premises shared with other Royal Bank of Canada affiliates. Notwithstanding this fact, each of the Companies is a separate business and personal information and confidential information relating to client accounts can only be disclosed to other RBC affiliates if required to service your needs, by law or with your consent. Under the RBC Code of Conduct, RBC Privacy Principles and RBC Conflict of Interest Policy confidential information may not be shared between RBC affiliates without a valid reason. ®/™ Trademark(s) of Royal Bank of Canada. Used under licence. © Royal Bank of Canada 2025. All rights reserved.